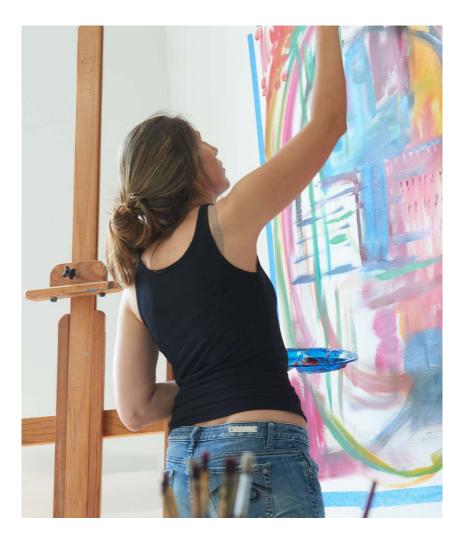
## COLONIANION



Connect with the energy of sovereignty

LAVISSA DAVIS LARISSADAVIS.COM



Hello journier,

Thank you for choosing to explore the free resources on my website. i am honored you chose to make this part of your journey.

i experienced the beginnings of my creative reawakening in my mid-40s after the abrupt and unexpected end of a corporate graphic design career. Not sure what to do, I pledged to find a way to connect to the quiet voice of wisdom within me to find my way forward. i recognized that i had a tendency to create change and chaos in my life as a distraction, so the actual

pledge i spoke aloud was "i will not make any major changes or decisions until i am unified." After six months of diligently retraining my mind to be still and quiet, I had a dream which showed me that I could use painting to heal what was broken in me and envision the future. As soon as i started painting, i felt connected with the inner peace and guidance i had been seeking. i love to create art that supports and celebrates our journey back to the truest version of ourselves, and to share what i have learned with the intent that it support others on their own healing journey.

Enjoy your travels, may they be deep and rewarding,

